

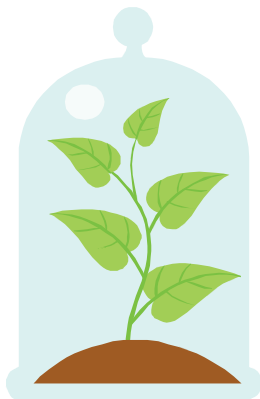
Tending Your Spiritual Garden (Why Attend an Adult RE Class?)

Religious Education is much like gardening in that we create, experiment, tend, share, learn and savor. And, much like a garden, developing ourselves spiritually is never complete - it is a life long process that is continually evolving and growing. For Unitarian Universalists one of our guiding principles is that we “covenant to affirm and promote a free and responsible search for truth and meaning.” In kidspeak, it is important to continually grow in spirit and mind.. We need to tend our spiritual gardens.

To help you tend your spiritual garden we offer a variety of classes and workshops. We hope that there is something here to support you in your spiritual pursuits.

And, if you find that you would like to lead an adult religious education class please see me and we can explore the possibilities.

Renee Papini Cogil
Director of Religious Education

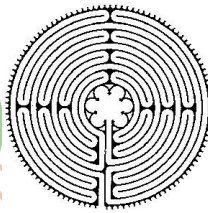


Ongoing Groups

- ◆ **The Sunday morning discussion group** meets Sunday mornings in the library from 10:00 - 11:30 to explore a wide variety of topics. For more information contact Chuck Cooper, 359-7470.
- ◆ **Chalice Circles** are small groups that meet regularly for discussion, personal sharing, and service to the church or community. Some chalice circles are theme based, such as a writers group, or those interested in discussing aging parents, while others discuss a wide range of topics. Watch the Uniter for more information.

Family Ministry Workshops - For Families and Adults Without Children

- ◆ **Rituals and Chalice-making**— Participants will learn some rituals and explore their meaning and have the opportunity to make a chalice. A wide variety of supplies will be available to make chalices that range from the playful clay pot chalice to an elegant glass chalice.. Watch the Uniter for more information on this winter Workshop.
- ◆ **Spiritual Practices: A Sampler**— Participants will have the chance to explore and experience a wide variety of spiritual practices. We will learn by doing. Watch the Uniter for info on this spring workshop..



Unitarian Universalist Church of Urbana-Champaign

Religious Education Prospectus For Adults



309 West Green Street
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Minister, Rev. Axel Gehrmann
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**Adult Religious Education
Classes
2009-2010**

***Orientation to UUism**

Are you new to the church? Do you want to learn more about Unitarian Universalism? In this class participants learn about the church by focusing on individuals' religious journeys, UU history, beliefs and polity, as well as learn about the many groups and activities of the church. This three-session evening class will be offered October 14, 21, and 28, and again Feb. 18, 25 and Mar. 4. Led by Rev. Axel Gehrmann.

***Axel's Sunday Q&A on UUism**

The minister will offer a brief orientation to Unitarian Universalism and this church in his office after worship services on the first Sunday of the month. Sessions are informational and designed to answer your questions, whatever they may be. Everyone is welcome, whether you are new to the church or have been attending for a while.

***Unplug the Christmas Machine: A Complete Guide To Putting Love & Joy Back Into the Season**

Based on a book of the same name, this 2-part class will explore ways to reduce the stress of preparing for Christmas, how to make your celebration more spiritual and less materialist, and discover how to put the love and warmth back into the season. This class will be offered in the fall. Watch the

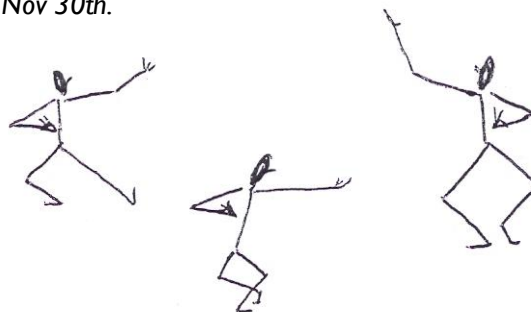
Unitar for details. Co-led by Elaine Gehrmann.

***Lessons on War and Peace**

This is a book discussion group which will read "Human Smoke - The Beginnings of World War II, the End of Civilization" by Nicholson Baker. The book "delivers a closely textured, deeply moving indictment of the treasured myths that have romanticized much of the 1930s and '40s. Incorporating meticulous research and well-documented sources - including newspapers and magazine articles, radio speeches, memoirs and diaries - the book juxtaposes hundreds of interrelated moments of decision, brutality, suffering, and mercy." The class will meet on the second Thursday of the month at 7 p.m. beginning on October 8th. — May 13th. Led by Rev. Axel Gehrmann.

***Bharat Natyam Class**

South-Indian classical dance taught by Anine Singh-de Grood. What is Bharat Natyam? Think elegant movements, danced prayers, control of body movements. Bharat Natyam is sometimes described as a dance form where "Classical ballet meets T'ai Chi." Yes it is tough to do...but it is also beautiful. Come and freshen up your energy field! Class will meet Mondays from 7-8 pm from Sept. 28th — Nov 30th.

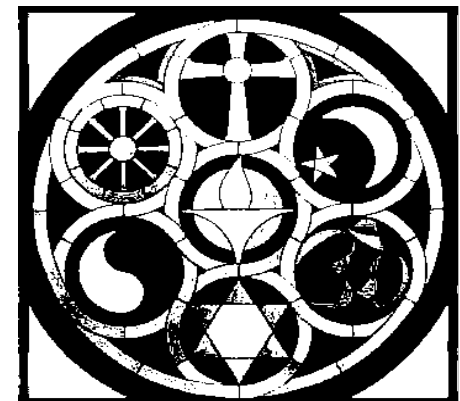


***The World's Religions:
an introduction**

In this ten session class, participants will learn about the world's main religious traditions. Each session will cover a different religion. Class will meet Thursdays from 7-8 pm beginning Sept 24th — Dec. 3rd.

- Sept 24 Primal Religions —Australia and Africa
- Oct 1 Primal Religions – Native North America
- Oct 8 Primal Religions - Europe
- Oct 15 Hinduism
- Oct 22 Buddhism
- Oct 29 Taoism
- Nov 5 . Confucianism
- Nov 12 Judaism
- Nov 19 Christianity
- Dec 3 Islam

Come for all the sessions or those of particular interest to you. Led by Anine Singh-de Grood, Sarah Nixon, and Sandy Hannum. Each presenter will bring her own perspective to her session..



Other classes and workshops may be offered throughout the year. Watch the Unitar for announcements and times.